



National Council of Vocational and Research Training  
NewDelhi-110058

## **BEAUTY CULTURE & HEALTH CARE**

COURSE CODE: BEA - 352

### **CERTIFICATE IN COSMETOLOGY & HAIR DRESSING**



## **DETAILED SYLLABUS FOR VOCATIONAL TRAINING PROGRAMME**

COURSE TITLE	CERTIFICATE IN COSMETOLOGY & HAIR DRESSING
COURSE CODE	BEA – 352
MEDIUM	ENGLISH
QUALIFICATION	8th Pass
DURATION	3 MONTHS
CLASS TIMES	10:00am – 04:00pm

#### MARK ALLOTMENT

THEORY	200 Marks
PRACTICAL	200 Marks
INTERNAL	100 Marks
TOTAL MARKS	500 Marks
PASSING MARKS	40/ 100

Paper 1: Skin care Module  
Manicure & Pedicure Module

Paper 2: Hair care Module  
Makeup Module

## Including Extra Professional Curriculum (Institute Standard)

### SKIN CARE MODULE

- History of Skin Care
- Professional Ethics
- Posture & Professional Behaviour
- Personal Grooming & Hygiene
- Anatomy & Physiology of Skin
- Functions & Types of Skin
- Skin Disorders & Infection Control
- Theory of Massage
- Threading Techniques
- Waxing (Hot & Strip Wax)
- Bleach Application
- Basic Facial Machine Knowledge
- Trolley & Facial Room Setting
- Client Draping & Consultation
- Skin Analysis
- Clean-Up Procedure
- Facial Massage Techniques
- Basic, Fruit & Gold Facial
- Acne Treatment
- De-Tan Facial

### MANICURE & PEDICURE MODULE

- Manicure & Pedicure Theory
- Benefits & Contraindications
- Massage Techniques
- Basic Manicure
- De-Tan Manicure
- Basic Pedicure
- De-Tan Pedicure

### HAIR CARE MODULE

- Hair Theory & Structure
- Hair & Scalp Analysis
- Hair Wash & Conditioning
- Hair Trolley & Tools Knowledge

- Basic Hair Cutting Techniques
- One Length, U, V, Layer & Bob Hair Cuts
- Split End Trimming
- Head Massage Theory & Techniques
- Oil & Aroma Oil Head Massage
- Hair Spa Benefits & Treatments
- Permanent Straightening & Smoothing
- Grey Hair Coverage
- Global Hair Colouring & Highlights
- Temporary Hair Styling
- Hair Do & Braids
- Hair Care Advice & Aftercare

## MAKEUP MODULE

- History & Importance of Makeup
- Face Cleaning & Skin Exfoliation
- Importance of CTMP
- Makeup Room & Trolley Setting
- Makeup Products & Brush Knowledge
- Face, Eye & Lip Shape Correction
- Colour Theory & Colour Wheel
- Required Makeup Products
- Makeup Theory
- Self Makeup
- Day & Party Makeup
- Engagement Makeup
- Bridal Makeup
- HD Bridal Makeup

## EXTRA CURRICULUM (VALUE ADDITION)

- Salon Hygiene & Sterilization Methods
- Client Consultation & Communication Skills
- Professional Work Ethics
- Time Management in Salon
- Product Knowledge & Brand Awareness
- Patch Test & Safety Guidelines
- Pre & Post Treatment Care
- Basic Salon Management
- Retail Knowledge & Product Recommendation
- Client Handling & Retention Skills
- Before-After Portfolio Making

- Practical Assessment & Final Evaluation
- Certification & Career Guidance

This course prepares students for salon-ready performance with professional confidence, hygiene standards, client handling skills, and practical expertise.

### **Books Recommended**

- Text book of cosmetology – Mary Healy
- The Science of Hair Care – Charles Zviak
- Start Hair Dressing – Martin Green
- Hair – Benzyl Franklin
- Text book of cosmetology – Marry Healy
- Herbal Receipes for beauty care – Parvesh Honda
- Beauty and skin care – Indu Puri
- Shahnaz Hussain Beauty book – Shanaz Hussain
- Jeanie, Greggain: Total shape up.
- A.P. Publishers: Yoga shiksha.
- G.P. Sheiry: Nutrition and Food Science.
- Dale, Carnegie: Quick and easy ways to positive speaking.
- Cho-Dev.: The piper book of beauty.
- Asha Rani Vohra – Modern Hair Style.
- Patspiers: Hair Care.
- Veena Piti: A professional guide to hair dressing and beauty therapy.
- Parvesh Handa: Home beauty clinic.
- Colour library book: The complete beauty book.