



**National Council of Vocational and Research Training**  
**New Delhi-110058**

**CUTTING TAILORING, DRESS MAKING AND FASHION  
DESIGNING**

**Course Code: CUT-549**

**CERTIFICATE IN TAILORING**



**DETAILED SYLLABUS FOR VOCATIONAL  
TRAINING PROGRAMME**

<b>COURSE TITLE</b>	<b>CERTIFICATE IN TAILORING</b>
<b>COURSE CODE</b>	<b>CUT-549</b>
<b>MEDIUM</b>	<b>ENGLISH</b>
<b>QUALIFICATION</b>	<b>5th Pass</b>
<b>DURATION</b>	<b>3 MONTHS</b>
<b>CLASS TIMES</b>	<b>10:00am – 04:00pm</b>

### **MARK ALLOTMENT**

THEORY	300 Marks
PRACTICAL	200 Marks
INTERNAL	100 Marks
TOTAL MARKS	600 Marks
PASSING MARKS	40/ 100

### **CERTIFICATE IN TAILORING**

<b>PAPER I</b>	<b>FUNDAMENTAL OF TAILORING</b>
<b>PAPER II</b>	<b>ANATOMY FOR CUTTER</b>
<b>PAPER III</b>	<b>DESIGNING AND DRESS MAKING</b>

#### **PAPER I FUNDAMENTAL OF TAILORING**

Unit 1 Introduction to the Trade

Unit 2 Aims for Learning Tailoring Vocational Training , Prospects of Advancement

Unit 3 Tailoring is an Art and Industry Parts of Tailoring – An Art , AnIndustry. Group of workers in Tailoring Industry

Unit 4 History of Dress making

Unit 5 Different Effects upon Dress and Style

Unit 6 Different types of Stitches Basic Stitches – Basting Stitch, Diagonal Stitch, Thread Mark, Kinds of Permanent Stitches and Methods us Their use. Decorative Stitches, Darts and Pleats, Tucks, Seams Repairing – Daring, Patching.

Unit 7 Tools and Equipments

Measuring Tools and Equipments, Drafting Tools and Equipments, Cutting Tools and Equipments, Sewing Tools and Equipments, Pressings Tools and Equipments.

Unit 8 Sewing Machine Sewing Machine and its Parts , Machine Attachments, Maintenance of Machine, Machine Faults and their Remedies, Sitting Position While working on Machine, Sewin Needles And Threads.

Unit 9 Fibres

Classification of Fibres, Properties of Fabrics, Identification of Fabrics, Simple Table for Identification of Fibres, Standard Breadth of Material and Right and wrong side of Fabrics

Unit 10 Trimming for Tailoring

## **PAPER II ANATOMY FOR CUTTER**

Unit 1 Anatomy

Anatomy for a Tailor, Division of Body Structure, Principals of Body Growth.

Unit 2 Human Body

Eight head Theory, Join Muscles and their Movements, Different types of Human Bodies

Unit 3 Measurements

Methods of Correct Measurements, Relation of Measurements, Scale of Measurement, Measurement Charts.

Unit 4 Technical Terms in Tailoring

Unit 5 Short- hand in Tailoring

Unit 6 Pattern

Principals of Paper Pattern Making, Uses and Kinds of Paper Pattern, Method for Making

Alternation in P. Pattern, Checking of Measurement for P. Pattern, Method of Lay- out With a Checked Pattern, Observation While Making Garment for Corpulent

Unit 7 Pressing

Care while Pressing, Methods of Pressing,

Unit 8 Shrinkage

## **PAPER III DESIGNING AND DRESS MAKING**

Unit 1 Fundamental Methods of Stitching

Unit 2 Estimation of Garments in Different Sizes

Estimation of Children's Garments, Lady's Garments, Gent's Garments

Unit 3 Readymade Garments

Trial of Garments, Characteristics of Well Finished Garments, Display of Faabrics and Finished Goods, Method of Pricing of Salesmanship, Knowledge of Record Book for Shop

Unit 5 Alteration

Reasons, Common Defects in the Garments, Alteration in Blouse, Gent's Short, Faults In Trousers and their Remedies, Alteration in Jackets and Coats

Unit 6 Different Types of Sleeves

Unit 7 Different Types of Pockets

Unit 8 Different Types of necks and Collars

Unit 9 Drawing Lines and their Characteristics, Kinds of Designs, Colours , Colour Scheme, Lettering

**Reference books:**

Cutting and Tailoring Theory – Gayatri Verma – Kabil Dev

System of Cutting - Zarakpar –Navneet Publication

**Practical**

**Kids Apparel**

Unit 1 – New born essentials

Cloth Diapers

Simple baby suit

Unit 2 – Kids Daily wear

Night Suit

Sun – frock

A-Shape Frocks

School Uniform (Skirt and Blouse)

**Girls and Women Apparels**

Unit 1 – Petticoat

4 kali Petticoat

Plated Petticoat

8/6 kali Petticoat

Unit 2 – Tunics and tops

Tops with variety of collars

Short tops

Simple tops

Unit 3 – Salwar – Kurta

Normal salwar  
Normal Kurta  
Unit 4 – Blouse  
Simple Blouse  
Chloe Blouse

**Boys and Gents Apparels**

Unit 1 – Daily Wear  
Under Garments  
Normal Pyjama  
Chunidar Pyjama  
Kurta - (Bengali & Lucknowi designs)

**Reference books:**

Cutting and Tailoring Practical Drafting – Gayatri Verma – Kabil Dev